

# Order of the Eating Sisters

## Initiation Ceremony

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**WM:** Sister Conductress.

**Cond:** Worthless Matron

**WM:** You will present the candidates. (Cond. approaches each candidate and tells her to follow.)

**Cond:** Worthless Matron, I have the great honor of presenting madams \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ who have earned the right to receive the degrees of the Order of the Eating Sisters.

**WM:** Sister Conductress, you will prepare the candidates to assume the obligation of our order.

**Cond:** Both hands clasp the napkin with the fingers touching each other, the thumbs holding tightly from the back and the little fingers out thusly, with the hands holding the napkin over at part of the anatomy which is likely to gather crumbs. (To person with largest breasts, move the hands and napkin up, if candidate hasn't done so already.)

### *Obligation*

**WM:** Please say, "I", pronounce your name, and repeat after me:

I, \_\_\_\_\_, do solemnly and sincerely, honestly and wholeheartedly, upon my honor, with every fiber of my body, from this day forward, promise and swear (oops, wrong order!);

That I will, so far as in my power, eat every last morsel upon my plate;

That I will never EVER reveal how much I have eaten to any person who is not a member of this Order;

That I will cherish and defend my ability to back for seconds (or thirds as the case may be);

That I will ever remember that life is too short, so eat dessert first.

To this solemn obligation, I promise faithful obedience, under penalty of someone's mother saying, "Think of all the starving children in China."

**WM:** Sister Conductress, you will guide the candidates on their way. (Between each station, Cond. weaves through various "stations", backwards, sideways, around in circles, hopping, anything goofy, etc.)

**Cond:** I present these sisters to be instructed in the *First Lesson of this Order*.

**App:** The first degree of the Order of the Eating Sisters is the Degree of Appetizers. As you begin your journey through the banquet of life, you first encounter the delectable appetizer. These yummy little morsels give us much pleasure and the taste buds scream for more. But they are only meant to whet our appetites to make us ready for the feast, so don't overdo it, save room! The emblem of this degree is cheese and crackers. The sign of this degree is given by smiling broadly and saying, "Cheese". Sister Conductress, you will conduct our sisters on their way.

**Cond:** I present these sisters to be instructed in the *Second Lesson of this Order*.

**Bev:** The second degree of the Order of the Eating Sisters is the Degree of Beverages. Here we learn to appreciate the bouquet of every sip. However, you must take heed to be aware of exactly how much beverage you can drink when you do not know the location of the nearest restroom. Those with a pea-sized bladder must take extra caution! The emblem of this degree is the golden goblet of wine (OK, OK, beer or brandy if you insist!). The sign of this degree is given by taking a good long drink, thusly. Sister Conductress, you will conduct our sisters on their way.

**Cond:** I present these sisters to be instructed in the *Third Lesson of this Order*.

**Ent:** The third degree of the Order of the Eating Sisters is the Degree of Entrees. This lesson in the banquet of life teaches us to eat every food, even those we don't like. We were planning on ordering lutefisk for dinner tonight, but were voted down! However, we still must persevere and follow our obligation to eat everything on our plate. So, hang on to your fork, the best is yet to come. The emblem of this degree is the chicken, the entrée at *every blessed* dinner we have ever attended (how did we manage to avoid chicken today?!?!?) The sign of this degree is given by doing the chicken dance. Sister Conductress, you will conduct our sisters on their way.

**Cond:** I present these sisters to be instructed in the *Fourth Lesson of this Order*.

**Veg:** The fourth degree of the Order of the Eating Sisters is the Degree of Green Vegetables. Our banquet of life requires a healthy dose of green veggies. Although large portions of spinach and broccoli contain many good vitamins, there are plenty of other healthy veggies from which to choose. Most of the troubles of this world can be traced back to children who either didn't eat their vegetables or didn't chew them properly! Remember, keep your fork! The emblem of this degree is peas, with a few carrots thrown in for just a little color. Those of you of Scandinavian descent do not have to be reminded that too much color can be a bad thing. The sign of this degree is given by trying to stab peas with your fork as they roll around your plate. Sister Conductress, you will conduct our sisters on their way.

**Cond:** I present these sisters to be instructed in the *Fifth Lesson of this Order*.

**Des:** The fifth degree of the Order of the Eating Sisters is the Degree of Just Desserts. From our obligation, this should really be the first degree, but we have indeed saved the best for last *this time*. Our banquet of life is not complete without lots of luscious, gooey desserts (all calories removed, of course). Here our forks get the workout we have waited for: chocolate, sugary treats, gooey caramels, cheesecake (isn't this initiation over yet, I'm getting hungry again!). Oh well. Here we really enjoy all the sweetness that life has to offer. The emblem of this degree is chocolate. The sign of this degree is given by rotating the hands over the stomach in a clockwise direction, and then uttering a very robust, "Uff Da!!" Sister Conductress, you will conduct our sisters to the Worthless Matron.

**WM:** Finally, my sisters, led by the guiding hand of our Conductress, you have filled your tummies again and again, and we hope you have enjoyed every morsel. You will now be invested with the pin of this Order. Sister Conductress, please take care that you do not cause our new sisters to burst, as I would hate to clean up the mess it would make if they did! This pin signifies the tasty things in life and reminds us to hang on to our forks, because the best is yet to come! Let us all now welcome our newest sisters into our beloved Order. Satiated with the knowledge we have imparted to you, you may now return to your places.

*(The Pin of the Order is a plastic fork to which a safety pin has been glued to the back so that it can be pinned to the new sister's blouse.)*

