Adah is the first of the Star Point Heroines. The turquoise or blue sapphire is used to represent the character traits exemplified by Adah.

The clear blue of the cloudless skies is the color dedicated to the first Star Point.

The turquoise representative of the virtues of Adah, indicates that if we wish to make our lives a shining star, we must first master the virtue of the first Star Point which is obedient loyalty.

Adah represents the Spring of the year because her life is representative of the springtime or early womanhood of life itself.

The violet is dedicated to Adah because it is associated with meekness and humility.

The emblem of Adah is the Sword and Veil which represent Right and Revelation.

The story of Adah challenges us to carry throughout our lives, the innocence and sweetness of a young girl and to approach our life problems with the energy, enthusiasm and positive attitude needed to face the problems we all face in today’s world.